



ChoiceMail  
AntiSpam  
Hosting  
provided by  
Just Networks



[Refresh](#) | [Logout](#)

## Sender list

**Unknown (quarantined)**    Whitelist (approved)    Blacklist (rejected)    Approval pending    All senders

323 unknown senders

[Delete](#)

	pertti.ylinenfwbj@fi.timberjack.com Approve    Delete	Cara Carrillo <i>Received 11/24/2005</i>
	octziqvqfyj@hotmail.com Approve    Delete	hans.lauwers <i>Received 11/24/2005</i>
	lindahaydentrichinella@panacorp.com Approve    Delete	Gavin Pritchard <i>Received 11/24/2005</i>
	ylhoukvphkb@hotmail.com Approve    Delete	drliborio <i>Received 11/24/2005</i>
	alanlbin@ngc.com Approve    Delete	Perry Cordero <i>Received 11/24/2005</i>
	estrella@beyondmoseying.net Approve    Delete	Moana <i>Received 11/24/2005</i>
	zqpjuylzoqw@hotmail.com Approve    Delete	RYNBALLINGER <i>Received 11/24/2005</i>
	infozfmq@luvcircuit.com Approve    Delete	Dino Klein <i>Received 11/24/2005</i>
	coolidge.ksht@denedia.freeimagine.com Approve    Delete	Biz Connect <i>Received 11/24/2005</i>
	charleshlxv@charlesmartinsimon.com Approve    Delete	Karin Gregg <i>Received 11/24/2005</i>
	jeff.herrington@marchmail.com Approve    Delete	Jackson Ibarra <i>Received 11/24/2005</i>
	aconklin_jw@mail.ru Approve    Delete	Andrea Conklin <i>Received 11/24/2005</i>
	sprinted@1dayresumes.com Approve    Delete	n/a <i>Received 11/24/2005</i>
	billion@020.co.uk Approve    Delete	Candle B. Dyspeptic <i>Received 11/24/2005</i>
	awf@geocities.com Approve    Delete	Orval Preston <i>Received 11/24/2005</i>
	monroe@liberal.se Approve    Delete	Monroe Hyndman <i>Received 11/24/2005</i>
	ukhys@ezweb.ne.jp Approve    Delete	Kerri Blanco <i>Received 11/24/2005</i>
	azkup@garnet.acns.fsu.edu Approve    Delete	Gabriel Coon <i>Received 11/24/2005</i>
	dys@sexxxo.com Approve    Delete	Valeria <i>Received 11/24/2005</i>

### View

Sender lists  
Accepted domains  
Rejected domains  
Junk box  
Statistics

### Permission management

Approve a new sender  
Reject a new sender  
My mailing lists  
My rules

### Settings

Preferences  
Customize system messages  
Display options

### Tools

New email  
Smart auto responder  
Import address book

### Contact Support Quick Start Guide

#### The Basics

1. Select **Sender lists** from the left column
2. Select **Unknown (quarantined)** from the top row
3. Click **Approve** for each message you want to receive
4. Click **Delete** to remove all of the remaining messages
5. Click **Logout** from the top right corner
6. That's It - You Are Done!


































#### Tips:

Blacklisting ('Reject Sender') is rarely necessary or helpful since

spammers change domains all the time. The system will automatically delete messages from unknown senders unless they reply to the verification request.

✦ Mailing Lists. A mailing list is a service in which messages come from more than one sender – often any subscriber is able to send messages to the entire list. Usually the name of the mailing list, rather than the name of the recipient, appears in the "To:" field.

Yahoo Groups is a service that sends messages using a mailing list. For example, if you belonged to the Yahoo Group called 'Wild Fire Harley Owners Group', you would receive messages addressed "TO:wildfirehog@yahoogroups.com". Therefore, you want to add 'wildfirehog@yahoogroups.com' to 'My mailing lists' above.

 fastest@avm.com  Approve    Delete	n/a <i>Received 11/24/2005</i>
 angela.a.pattersonlvix@nhmccd.edu  Approve    Delete	Christi Fry <i>Received 11/24/2005</i>
 algar@servethelord.com  Approve    Delete	Edwima <i>Received 11/24/2005</i>
 cristihoffses@navexpress.com  Approve    Delete	Kealoha <i>Received 11/24/2005</i>
 lancaster.hvyy@denedia.freeimagine.com  Approve    Delete	Holiday Special-DF <i>Received 11/24/2005</i>
 nrhzqjhnskx@hotmail.com  Approve    Delete	jdukelow <i>Received 11/24/2005</i>
 ebenericbbir@novanet.it  Approve    Delete	Reyna Brandt <i>Received 11/24/2005</i>
 enakai@auswww.com  Approve    Delete	Fawziyya <i>Received 11/24/2005</i>
 innmbufzotn@hotmail.com  Approve    Delete	tnrduouoz <i>Received 11/24/2005</i>
 i_ironside@gamebox.net  Approve    Delete	ÁÁÁÁĐÛÊËÏ Äàíèèä. <i>Received 11/24/2005</i>
 nmccabe_pn@wxs.nl  Approve    Delete	Noemi McCabe <i>Received 11/24/2005</i>

Delete